

FOR IMMEDIATE RELEASE:

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West Bend, Wisconsin (10/08/12) It wasn't long ago when getting in the car to look for monsters or visit haunted locations was almost exclusively for bored teenagers. However, with the paranormal such a hot topic these days, it seems everyone is interested in catching a glimpse of the unexplainable, no matter their age. There's even a term for this activity, "Legend Tripping."

West Bend resident J. Nathan Couch—author of the new book **Washington County Paranormal: A Wisconsin Legend Trip**— was once just such a bored teenager. Growing up in a small town in the foothill's of Northeast Georgia's Blue Ridge Mountains, Nathan often drove around the rural countryside in hopes of catching a glimpse of an apparition. Though no longer a teenager, he never outgrew the habit.

Nathan's book is the result of his unusual hobby. He's spent nearly two years researching urban legends and alleged paranormal activity in his new home of Washington County. The book is a collection of essays that combine history, oral tradition, and the personal experiences of numerous county residents, and each involves a location readers may visit, should he or she be brave enough—pubs, museums, parks, and rural county roads, all with supernatural reputations. Couch even investigated several of the locations with the Paranormal Investigation and Research Society, a group of "ghost hunters" he joined as part of the research.

Washington County Paranormal: A Wisconsin Legend Trip was published on October 03, 2012 and is currently available online at WashingtonCountyParanormal.com and Amazon.com. The book will be available at bookstores everywhere in 6-8 weeks. Covering everything from ghosts and poltergeists to werewolf and goat man sightings, there's something strange for wisconsinites everywhere.

Price: \$12:99

Format: 9" x 6" Soft-cover, 158 pages.

Publisher: Self-Published

ISBN-10: 1478379553

BISAC: Body, Mind & Spirit / Unexplained Phenomena

Printed in the USA by Createspace.

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